



CANADIAN BAPTIST SEMINARY
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 TRINITY WESTERN SEMINARY



ASSOCIATED CANADIAN THEOLOGICAL SCHOOLS OF TRINITY WESTERN UNIVERSITY

Graduate Course Syllabus

Course NUMBER: PTH/MFT 616

Course Name: Marriage Enrichment

Semester and Year: Fall Semester 2022

Course Times: Thursdays, 8:30 am to 11:10 am (On campus)

Instructor: John W. Auxier, Ph.D. Clinical Fellow-AAMFT, R-MFT CAMFT

Contact Information: auxier@twu.ca

Office Hours: By appointment

Co-requisites or Pre-requisites: None

Semester Hours: 3 Credit Hours

Semester Dates: Sept 7 – Dec 6, 2022

Nota Bene:

Spouses of “for credit” students welcome to attend this class at no cost. Recognizing that spouses often minister along-side their pastoral mates, ACTS welcomes you to follow the readings and attend class for ministry enrichment. No transcript will be made of your attendance. Please email Susan.Mattam@twu.ca to let us know if your spouse will be attending.

Course Description

This graduate course in Marriage Enrichment (ME) is designed to train students in the theory and skills necessary to conduct a marital enrichment program in church or community settings. It includes significant experiential learning, lectures, readings and discussion of research on ME, combining theological reflection with elements of the CBT based *Prevention & Relationship Enhancement Program (PREP)* developed at the University of Denver (<https://prepinc.com/pages/our-research>). The ME portion of the course will also integrate insights from Gottman and Emotionally Focused Therapy on relationship health.

Because parenting training is also a marriage related need in many communities, students will design a parenting workshop integrating CBT parenting principles (*1-2-3 Magic*) and techniques from *Emotion Coaching (EC)* in order to implement a Parent Education program for children 4-12. The course will also lay the foundation for a Christian understanding of marriage and family life.

Course Objectives

- A. Using the **PREP** materials as a foundation, the student will be able to deliver a Marriage Enrichment workshop, integrating spirituality and behavioral science perspectives.
- B. The student design a parenting workshop for use church or community, integrating the CBT principles of the 123 Magic program and Emotional Coaching approaches.
- C. The student will be able to articulate a theology of marriage & family life.

Required Texts and Materials

REQUIRED Materials

1. *A Lasting Promise Leader Pack* from PREPinc. Includes leader's manual, participant manual and other materials for a PREP workshop. Available at the TWU bookstore. Note: The price of the material is high because a. it's imported from the US and b. it includes permission to offer PREP workshops upon completion of training.

The following are available via Amazon or Indigo:

2. Stanley, Scott. 2014. *A Lasting Promise: A Christian Guide for Fighting for your Marriage*. San Francisco: Jossey-Bass.
3. Phelan, Thomas. 2016. *1-2-3 Magic and DVD Package*. Naperville, ILL: Sourcebooks.
4. Hawton, Michael. 2013. *Talk Less, Listen More*. Edgecliff NSW: Jane Currey.

Supplemental Readings on Moodle

1. Balswick, Jack, & Balswick, Judith, 2006. *A Model for Marriage: Covenant, Grace, Empowerment & Intimacy*. Downers Grove: Intervarsity Press. Chapter 2.
2. Others TBA

Recommended

- Crouch, Andy. 2017. *The Tech-Wise Family*. Grand Rapids: Baker.

Course Activities/Requirements

1. **Theology of Marriage paper.** (20%) **Due:** Sept. 29
Using course materials, write a 10-page paper explaining your theology of marriage.
2. **Train for and Co-lead a Marriage Enrichment Workshop.** (50%) **Due:** Nov. 10
 - A. Using course lectures, readings and the PREP curriculum, create a teaching notebook with PREP as its core, with handouts, PREP video clips and teaching notes you've developed during the class. (Note: supplemental non-PREP slides need to be labeled as such).
 - Submit a PDF of the slides; teaching notes with any additional background material for their version of the workshop.
 - B. Assist leading PREP workshop with the professor in the Langley area. The instructor will organize a marriage enrichment workshop at a local venue in October, and students will assist with recruitment, presenting, and coaching couples during the workshop.

- Students will submit a reflective paper on what they learned from the workshop experience, and what they will do to further develop and offer a future PREP workshop in their church or community. (5-6 p.)

3. Design a Parenting Workshop. (30%)

Due: Dec. 1

Using principles from 1-2-3 Magic and Hawton texts, design a 2 or 3 session parenting workshop you might offer in your church or community.

- PDF of your slides. Make sure you give citations for sources used.
- Teaching notes and handouts to be used in your training.

Course Evaluation

1. Marriage Enrichment Workshop and Evaluation.....50
2. Parenting Workshop Project.....30
3. Theology of Marriage Paper.....20

Total: 100

Grading System

Letter Grade	Percentage	Grade Point
A+	97-100	4.30
A	93-96	4.00
A-	90-92	3.70
B+	87-89	3.30
B	83-86	3.00
B-	80-82	2.70
C+	77-79	2.30
C	73-76	2.00
C-	70-72	1.70
F	Below 70	0.00

Letter Grade	Percentage	Grade Point
A+	Superior	4.30
A	Excellent	4.00
A-	Very Good	3.70
B+	Proficient	3.30
B	Good	3.00
B-	Average	2.70
C+	Adequate	2.30
C	Acceptable	2.00
C-	Needs Work	1.70
F	Below Standard	0.00

Class by Class Course Outline: Available 1st day of class

Appendix: Course Learning Outcomes

TWU Graduate Learning Outcomes	Course Learning Outcomes	Assessment Strategies
<p>Knowledge and its Application</p> <ol style="list-style-type: none"> 1. Demonstrate in-depth knowledge of a particular field of study and/or profession 2. Demonstrate ability to apply knowledge and discipline specific methodology to solve unique problems 3. Demonstrate superior ability to identify and interpret new ideas and research in a specific discipline 4. Demonstrate superior skills in academic research, writing, and act as skilled practitioners to move beyond knowledge into practice 	<ol style="list-style-type: none"> 1. Using the PREP materials, the student will be able to deliver a Marriage Enrichment workshop. 2. The student will be able to deliver a parenting workshop in their church or community, integrating the CBT principles of the 123 Magic program and Emotional Coaching approaches. 3. The student will be able to articulate a theology of marriage & family life. 	<ol style="list-style-type: none"> 1. Student will assist in leading a 2–3-hour ME workshop and evaluate it. 2. Student will design a 2-3 session parenting workshop. 3. Students will write a 10-page paper on their theology of marriage.
<p>Cognitive Complexity</p> <ol style="list-style-type: none"> 5. Show ability to carry out discourse and research as an active member of the counselling and psychotherapy community 6. Demonstrate the ability to “undertake inquiry and analysis, to solve problems with a high degree of innovation, divergent thinking and risk taking”. 	<ol style="list-style-type: none"> 4. Students will integrate family systems perspectives with CBT, EFT and Gottman models of ME in a creative ME program. 5. Students will combine very different models of parent training (CBT and Emotion Coaching) into a cohesive parenting workshop. 	<ol style="list-style-type: none"> 4. Students will submit slides, notes and handouts demonstrating CBT, EFT and Gottman integration in their ME program. 5. Students will submit slides, notes and handouts demonstrating a theoretically cohesive parenting workshop
<p>Inter-and intra-personal Wellness.</p> <ol style="list-style-type: none"> 7. Demonstrate increased professional capacity and autonomy 8. Demonstrate superior organizational & time-management skills 9. Demonstrate academic and personal integrity. 	<ol style="list-style-type: none"> 6. Students will organize ME and Parenting workshops they can offer in the community as a professional. 7. Students will demonstrate care in citation of materials and attribution of concepts while integrating various theoretical perspectives in their workshops. 	<ol style="list-style-type: none"> 6. Students will help to recruit, lead, and evaluate a live ME workshop. 7. Submitted power-point and handout materials will be evaluated for organization, professionalism, and appropriate citations.
<p>Social Responsibility and Spiritual Formation</p> <ol style="list-style-type: none"> 10. Demonstrate the ability to analyze, appraise and evaluate their discipline in a social context. 11. Develop the ability to become socially responsive agents with a commitment to understanding global issues. 12. Demonstrate greater understanding of and connection to God’s work in the world. 13. Utilize spiritual practices for self-reflection and the helping of others 14. Exemplify a Christian ethic in pursuit of truth, reconciliation, compassion, and hope. 	<ol style="list-style-type: none"> 8. The course equips students to contribute to healthier marriages and more effective parenting in the broader community through relationship education. 9. Spiritual perspectives are included in both course lectures, readings, and assignments. 	<ol style="list-style-type: none"> 8. Student will conduct evaluations and self-reflection of the ME workshop; both the Parenting and ME workshops assignment require them to include a rationale for the importance of providing support for marriages & parenting. 9. Based on course lectures and readings, students will submit a 10-page paper on their theology of marriage; Workshop presentations will include engagement with spiritual values in family life.

Course Policies

ACADEMIC INTEGRITY AND AVOIDING PLAGIARISM AT TWU

One of the core values of Trinity Western University is the integration of academic excellence with high standards of personal, moral, and spiritual integrity. The University considers it a serious offence when an individual attempts to gain unearned academic credit. It is the student's responsibility to be informed about what constitutes academic misconduct. For details on this, and on identifying and avoiding plagiarism go to the [University Homepage > Academics > Academic Calendar](#) (p. 47).

<https://prezi.com/od62fxnkbnmxh/plagiarism-how-to-get-it-out-of-your-life/> (Prezi presentation)

<http://bit.ly/1p00KX3> (Google Slide presentation offering more comprehensive information)

STUDENTS WITH A DISABILITY

Students with a disability who need assistance are encouraged to contact the Equity of Access Office upon admission to TWU to discuss their specific needs. All disabilities must be recently documented by an appropriately certified professional and include the educational impact of the disability along with recommended accommodations. Within the first two weeks of the semester, students must meet with their professors to agree on accommodations appropriate to each class. Students should follow the steps detailed by the Equity of Access Office on their website at: <http://www.twu.ca/student-life/student-success/disabilities-and-equity-access>

HOSPITALITY IN THE CLASSROOM

TWU is committed to an ethic of inclusion centered on the principles of Christian hospitality, reciprocity, and reconciliation. We seek to cultivate generous learning spaces that are based on respect for differences and are open to diverse views, opinions, and identities that are thoughtfully expressed in a collegial manner. We welcome and value all voices, including those from under-represented groups or those who have been marginalized.

CAMPUS CLOSURE AND CLASS CANCELLATION POLICY

In the event of extreme weather conditions or other emergency situations go to the <https://www.twu.ca/campus-notification>.

FINAL EXAMINATIONS

A student who is absent from a final examination without an acceptable excuse will be assigned a zero for that examination. Absence due to illness must be supported by a medical certificate indicating the nature of the illness. If an examination is missed for any reason, including illness, the student must notify the faculty member prior to the examination and the Office of the Registrar within 48 hours of the missed examination, giving written documentation explaining the absence."